

# Past tense, present perfect or past perfect?



- “Tense” means “Zeitform”
- The “past tense simple” is also often called the “simple past”.
- “Progressive” and “continuous” mean the same in the names of tenses. So past progressive and past continuous are the same tense.

The following three video lessons explain the main differences between these tense:

1. [Learn English Tenses: PAST SIMPLE & PRESENT PERFECT](#)
2. [Learn English Tenses: PRESENT PERFECT or PAST SIMPLE?](#)
3. [Learn English Tenses: PAST SIMPLE or PAST PERFECT?](#)

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You can find more explanations and exercises here:

[Zeitformen \(Englische Zeiten\)](#)